

F.O.R. QUESTIONNAIRE
FAMILY MEMBER VERSION

INSTRUCTIONS:

The following 22 questions are designed to find out what you think about some health-related matters. There are no “right” or “wrong” answers; this is not a test but rather a questionnaire asking for your opinion.

Work at a fairly high speed through this questionnaire, and do not be concerned about whether or not your answers are consistent. It is your first impression that is desired. On the other hand, please do not be careless as it is your true impression that we want.

F.O.R Family Member Version

CHECK THE ANSWER WHICH BEST TYPIFIES YOUR RESPONSE TO THE STATEMENT

	Strongly Agree	Agree	Neutral	Disagree	Strongly Disagree
1. I think about my family member's health often.					
2. I am bothered by the uncertainty of my family member's health status.					
3. I think more about my family member's health now than before his/her illness was diagnosed.					
4. My family member has no physical concerns at this time.					
5. I worry no more about my family member's health than other people worry about their family's health.					
6. I feel there is little need to worry about my family member's future health status.					
7. I always take my family member's health into consideration when making future plans.					
8. Compared to other families where a member has this illness, I feel that I worry less than they do about health concerns.					
9. My family member's future health status is not a major concern of mine.					
10. I sometimes find myself preoccupied with my family member's physical condition.					
11. Just prior to my family member's regularly scheduled exams, my uneasiness about his/her health increases.					
12. I think no more about my family member's health presently than I did before his/her illness was diagnosed.					
13. I am not bothered by uncertainty regarding my family member's health status.					
14. I would like to feel more certain about my family member's health.					
15. I seldom think about my family member's health.					
16. Because of my family member's physical health, his/her future is of concern to me.					
17. I do not worry about my family member's illness returning.					
18. When I think about my family member's future health status, I feel some uneasiness.					
19. Minor aches and pains of my family member remind me of his/her illness.					
20. I feel optimistic as I focus on my family member's future.					
21. I am concerned that the difficulties with my family member's illness may not be over.					
22. I do not feel anxious about my family member's future when I read articles about his/her illness.					

