

# Newsletter

## Healthy Asian Americans Project

### University of Michigan School of Nursing

#### Together for a Healthy Community - Healthy Asian Americans Project's 2003 Annual Meeting

The Healthy Asian Americans Project (HAAP) at the University of Michigan School of Nursing (UMSON) held its 2003 Annual Meeting on October 11, 2003. The theme of the meeting was "Together for a Healthy Community." Dr. Patricia Coleman-Burns, Professor and Director of the Office of Multicultural Affairs of the UMSON, moderated the meeting. Dean Ada Sue Hinshaw warmly welcomed the participants. Approximately 50 attendees enjoyed the meeting agenda and were introduced to diverse Asian cultures as HAAP faculty and staff had dressed in beautiful traditional ethnic costumes. Delicious Asia cuisines were also offered to the attendees. Appreciation Certificates in seven Asian languages were given to each HAAP supporter.



Appreciation Certificates in 7 Asian languages were granted to the State Senator Liz Brater, Dr. Paulette M. Valliere and Ms. Joan Caffery

HAAP faculty and staff reviewed HAAP's mission, projects, progress, and future plans. The mission of HAAP is to improve overall health status of Asian Americans and reduce health disparities through research, health education, and promotion. Funded by federal, state, and other funding agencies, HAAP has been focusing on serving diverse groups of Asian residents in southeastern Michigan, including Asian Indian, Chinese, Filipino, Hmong, Japanese, Korean, and Vietnamese peoples. Since 1996, HAAP has conducted five research projects and reported the health concerns of Asians to American society and funding agencies. The organization has also sponsored / co-



State Senator Liz Brater and HAAP Faculty / Staff

sponsored more than 70 culturally and linguistically oriented health promotion events, and helped more than 1,000 Asian women obtain free breast and cervical cancer screenings. Given the economic, linguistic, cultural and psychosocial barriers some Asian Americans encounter in accessing to the U. S. health care system, HAAP trained 82 volunteers who are now working in southeastern Michigan communities to promote early cancer detection and provide personalized assistance to those who have difficulties in getting needed health care services. As of October 2003, HAAP has provided health care services and education to about 50,000 southeast Michigan residents. In order to foster younger generations' interest in Asian American health issues, HAAP also played a mentorship role for students including high schoolers and graduate students.

Dr. Paulette M. Valliere, Director of Michigan Breast & Cervical Cancer Control Program (BCCCP) from the State Department of Community Health reviewed the progress of BCCCP statewide and congratulated HAAP's progress. She expressed her full support for this project. State Senator Liz Brater, the first women mayor of Ann Arbor from 1991 to 1993, reviewed briefly the economical situation and financial deficits in Michigan. The State Senator advocated that efforts should be made to support the most critical programs for needy people, like those identified by HAAP.

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## Together for a Healthy Community - Healthy Asian Americans Project's 2003 Annual Meeting (Cont'd)

**Mr.** Jim Cieslar, President of Washtenaw United Way, and Ms. Joan Caffery, Director of Karmarnos Institute BCCCP, provided valuable suggestions on future projects of HAAP. Representatives from funding agencies, community organizations, BCCCP clients, and donors highly praised HAAP's effort and provided additional valuable comments. Although Dr. Janelle Lee, Co-Chair of Coalition of Chinese-American Organization in Greater Detroit, could not attend the meeting, she wrote a letter and sent a check with \$1,000 to the organization. Mrs. Moon Sook Nam, on behalf of her husband Mr. Sang Y. Nam made a \$500 donation to HAAP, and appealed for support from Michigan community.



HAAP annual meeting participants

In the near future, HAAP plans to help at least 300 uninsured/underinsured Asian women obtain early breast and cervical cancer detection services and to continue other culturally related research and health promotion projects. In order to ensure its future financially, HAAP established HAAP Endowment in October 2003 with an additional \$5,000 monetary donation from 13 community organizations and 34 individuals. It is hoped that HAAP will be able to use the interest accumulated by the endowment fund to sustain its projects and expand its services for the future.



Donor Mrs. Nam and HAAP Korean team

**Dr.** Mei-yu Yu, Director of HAAP indicated that HAAP deeply appreciates the support of the funding agencies, companies, community organizations and individuals who contribute to its continual existence. People who are interested in supporting HAAP's mission can provide help through different ways (Please see page 3).

## A Letter from HAAP's Supporter

Dear Dr. Yu,

Congratulations on another successful year for HAAP. You have lead the program to high-level achievement of recruiting underserved patients and training well-educated Lay Health Advisors in 2003. Not only have we exceeded our program goal to served under-privileged Asian women, we have also built a great health network that can be used to widely cascade any health information in the Chinese community.

In addition to moving forward with the current program, you have also started a self-sustaining funding program so HAAP can continue to grow. Thanks to the entire HAAP team, we now have a few processes that can raise fund from the community to support HAAP. The enclosed check is my personal contribution to HAAP; I've also got a Meijer credit card. Any successful program takes a great leader to nurture; I commend your efforts to lead this very worthy program in our community. On behalf of the Chinese community, I sincerely thank you and the entire HAAP team.

Sincerely,

Janilla Lee  
Coalition of Chinese-American Organizations in Greater Detroit

## Please Help Our Healthy Community: Why and How?

Asian Americans (AAs) are the significant minority population and increasing rapidly in Michigan as well as in the USA. With a large proportion of immigrants, Asian Americans have special health issues and concerns. Their access to the U.S. health care system is challenged due to the economic, linguistic, cultural and psychosocial barriers. Asian Americans, however, are inadequately researched and funding sources are limited.

The Healthy Asian Americans Project (HAAP), was initiated in 1996, The mission of HAAP is to improve overall health status of Asian Americans and reduce health disparities through research, health education, and promotion. As of 2003, HAAP has received about \$900,000 funding from state and federal governments, as well as other funding agencies. However, there is a call for additional research and health education projects to meet the expanding needs of the steadily growing Asian American population. Raising adequate funding to expand HAAP's services and ensure future financial sources becomes a great challenge.



***We need your help and support! Your donation to HAAP will do the most good and make a difference!  
Together for a healthy community!***

You can either donate to HAAP directly or help HAAP through some community award programs without paying from your savings.

(1) Joining the **Meijer Community Rewards** program by applying for a **Meijer Guest Card or Meijer Credit Card** at a Meijer store or [www.Meijer.com](http://www.Meijer.com). You can receive 10% discount when you use the Meijer card at the first time. In addition, you will be eligible to apply for Upromise program ([www.meijer.com/Upromise](http://www.meijer.com/Upromise)) through which you can receive 5% of the money that you spend for the university education of your children or grandchildren or other people whom you defined. In the meantime, HAAP will receive up to 4% community rewards from Meijer according to the money that you will spend. Please use **HAAP's 6-digit Code 287624** to designate the rewards to HAAP. If you already have a Meijer card, please call 1-800-962-7011 to join the rewards program.

### **Advantage of your participation of this program:**

- a. Help other people and the community while purchasing necessities for your family;
  - b. Contribute without paying from your savings. Meijer will donate on your behalf.
  - c. Continue to use your favorable credit card(s). If you're not paying with your Meijer Credit card, you can (I) swipe the Meijer Credit Card when you check out, then select "other payment type." OR (II) scan one of your Meijer Guest kaytags just like a product. Your other household family members can also use the Meijer Guest kaytags to earn rewards!
- (2) Designating your contribution via **United Way** to the University of Michigan School of Nursing - HAAP.
- (3) Open a money market or a checking account at the **University of Bank** for earning a high interest rate. The University of Bank will donate money to HAAP according to up to 1% of your money that your account has at the first time. The location of the University Bank is 959 Maiden Lane, Ann Arbor, MI 48105. Telephone numbers: (734) 741-8136 or (734) 741-5858.
- (4) Making a donation to the University of Michigan School of Nursing – HAAP by writing checks or paying by credit card.

The University of Michigan School of Nursing is a non-profit organization. Your donations (through United Way or by your check or credit card) are tax-deductible per current tax law.

To be continued on next page

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Email: haap\_bcccp@yahoo.com  
Website: www.nursing.umich.edu/haap



**Healthy Asian Americans Project (HAAP)** स्वस्थ एशियन अमेरिकन योजना  
健康亞裔美國人項目 アジア系アメリカ人健康プロジェクト 건강한 아시안 아메리칸프로젝트  
**Proyektong Tungo sa Kalusugan ng mga Asyanong Ameri-kano**  
**Kế Hoạch Giúp Người Mỹ Gốc Châu Á Được Khỏe Mạnh**

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## The mission of HAAP is:

to improve overall health status of Asian Americans  
&  
reduce health disparities through research, health education, and promotion.

## Please Help Our Healthy Community: Why and How? (Cont'd)

Fulfilling the mission of HAAP will help promote health status of you and you loved ones. **Your support is important to HAAP.** In order to express our appreciation, HAAP will display your name or title of your business at the University of Michigan School of Nursing permanently, and express our appreciation through HAAP's publications and disseminate the roster of donors annually.

For more information, please contact Healthy Asian Americans Project (HAAP), University of Michigan, School of Nursing, Room 3246, 400 North Ingalls, Ann Arbor, MI 48109-0482.

Phone numbers: 877-625-4683 or 734-936-8913,  
800-936-8903 or 734-936-8903.

Fax number: 734-936-8910.

Email: HAAP\_BCCCP@yahoo.com.

Website: www.nursing.umich.edu/haap.

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# Acknowledgement

## - Roster of funding agencies and donors

The mission of HAAP is to improve overall health status of Asian Americans and reduce health disparities through research, health education, and promotion.

### Healthy Asian Americans Project

#### Funding Agencies since 1996

- ◆ University of Michigan School of Nursing
- ◆ UM Comprehensive Cancer Center's Institutional Grant from the American Cancer Society
- ◆ Michigan Department of Community Health
- ◆ The Susan G. Komen Breast Cancer Foundation
- ◆ The National Cancer Institute
- ◆ United Way Community Services
- ◆ Blue Cross & Blue Shield of Michigan Foundation

#### Community Organizations

- ◆ A P Impressions ([www.pnomousa.com](http://www.pnomousa.com))
- ◆ Augusta Pines Golf
- ◆ Bone Density Specialists PLC
- ◆ Cherry Blossom
- ◆ Korean American Cultural Center of Michigan
- ◆ Korean National Tourism Organization of Chicago
- ◆ Korean Presbyterian Church of Ann Arbor
- ◆ Lucky Market Inc.
- ◆ Manna International Foods & Gifts
- ◆ Matsu Chan Restaurant, Inc.
- ◆ Seoul Garden
- ◆ Y & I Korean Market, Inc.
- ◆ Yamato Restaurant

#### Individual Donors

##### \$1,000 and more

Cuiman Cai & Yun Huang  
Litton & Janilla Lee  
Tso Shin Shih  
Bo-Nan Jiang & Mei-Yu Yu

##### \$500 to \$999

Eunice Myong Rye Choi  
Sang Y. Nam

##### \$499 and less

Sachiko An  
CuiJuan Cai  
Sue & Tsun Chang  
Shirley & Cheng-Yang Chang  
Siu Ying Chang  
Wei Chen  
Oi Saeng Hong & Peter Csaszar  
LiLi Deng  
Tzy-wen Gong  
Lain-yen Hu & Ray Hahn  
LiYuan Jiang  
Bruce & Deborah Oakley  
Amy Seetoo  
Pei-Yin Tsai  
Hiao-shu Yu  
Xiaoying Wu  
Tsu-Yin Wu  
Angela Yang  
Mika Yamamoto

##### Non-cash gifts

Rekha Raizada

Your organization's name or your name will be shown here!